**Q:** How do I calculate my GPA?

A: Here is a good website with information on how to calculate your GPA: https://medicalschoolhq.net/med-school-gpa-calculator-for-amcas-aacomamas-and-tmdsas/

**Q:** What courses are included in the Science GPA?

A: Biology, Chemistry, Physics, and Math courses (including Statistics and Calculus courses) are included in the science GPA. Health & Exercise Science classes are generally not included. Please check AMCAS for specific courses.

**Q:** How do I get my transcript to submit as part of my HPC Application?

A: Current students can request their transcripts through WIN, and alumni/former students can use this link to request a transcript: https://registrar.wfu.edu/transcript/. If you are an alumni who still has WIN access through Alumni Services, then you can also use WIN to request your transcript. Please do not submit screenshots of your DegreeWorks page as part of your HPC Application.

**Q:** For the essay questions on the HPC Application, should each essay be 500 characters, or should each individual activity listed be 500 characters? Does the 500 character limit include spaces?

A: The 500 character limit is for each essay, including spaces, on the HPC Application. This character limit does not include lists of activities or a list of total hours/semesters participated; the character limit is only for the essay portion.

**Q:** Do I need to have my MCAT scores before I submit my HPC Application?

No, we do not take MCAT scores into account in the HPC ranking.

**Q:** Can an undergraduate or graduate student who supervised me write my letter of recommendation?

A: No, letters from graduate and undergraduate students are not considered appropriate choices for letter writers.

**Q:** I would like to have an additional letter of recommendation submitted to AMCAS/AACOMAS, outside of my HPC packet containing my committee letter and 3 letters. Should this new letter go to the Health Professions Office, veCollect, or directly to AMCAS/AACOMAS?

A: Please have this additional letter writer submit the letter directly to AMCAS/AACOMAS. For AMCAS, you will need a separate letter ID for this new letter, so you will need to create a new AMCAS Letter Request Form PDF with the letter type listed as "Individual Letter" and send that Form PDF to your letter writer. The form includes instructions on how they can submit their individual letter.

**Q:** My letter of recommendation hasn’t come in yet and my letter writer is not responding. What should I do?

A: If you have already sent a reminder to your letter writer via veCollect or by reaching out directly and they are not responding, you could try asking another letter writer instead. You’ll want your letters in by the HPC Application deadline, and by before your AMCAS application is sent out to medical schools at the latest. It takes 3–6 weeks for AMCAS to process an application after you’ve submitted it. Applications to the Early Assurance programs are processed by AMCAS too, so they are on the same timeline.

**Q:** What courses are included in the Science GPA?

A: Biology, Chemistry, Physics, and Math courses (including Statistics and Calculus courses) are included in the science GPA. Health & Exercise Science classes are generally not included. Please check AMCAS for specific courses.

**Q:** Does the personal statement I submit on the HPC application need to exactly match the personal statement I will submit to medical schools?

A: You will need to submit the best that you can for the personal statement on the HPC Application. The committee uses it in the evaluation process, but they understand that it may not be in final polished form.

**For more information:**

http://prehealth.wfu.edu/preparing-to-apply-upcoming-deadlines/prehealth@wfu.edu
## HPC Process FAQs

### APPLYING TO MEDICAL SCHOOL

| Q: How long does it take for the HPC to upload a letter to my application? | A: The letters of recommendation will be sent with the committee letter by mid-June if we have your letter request in a timely fashion. It takes AMCAS at least three weeks to process an application and the letters will reach AMCAS before the processing is complete. |
| Q: Do I need to complete the AMCAS application in order to request the committee letter? | A: No, you do not need to complete the AMCAS application in order to request the committee letter. |
| Q: How do I get my AMCAS Letter Request Form PDF? | A: Print the Letter Request Form from the Main Menu of the application from within the Letters of Evaluation section and e-mail this to prehealth@wfu.edu. For more information: https://students-residents.aamc.org/how-apply-medical-school-amcas/section-6-amcas-application-letters-evaluation |
| Q: How do I submit my transcript to AMCAS? | A: The Pre-Health Office does not submit transcripts to AMCAS so you will need to request that. You should place the transcript request directly though WIN to be sent to AMCAS. You should attach/upload your AMCAS transcript request form to the transcript request in WIN so that it can be sent along with the transcript. The transcript type in WIN that students should request for AMCAS is "Undergraduate/Grad/Divinity." If you have additional questions about requesting a transcript, please contact the Registrar’s Office. |
| Q: I am an Early Assurance Program applicant – which application cycle should I select in AMCAS? | A: You need to apply for this current year’s cycle. (For example, if you are applying in 2021, the application cycle you would select is 2022.) |
| Q: Should I wait until after spring semester grades are finalized to submit my official WFU transcript to AMCAS? | A: We recommend you wait to submit the transcript to AMCAS until after spring semester grades are finalized. |
| Q: Do I need to submit separate study abroad program transcripts to AMCAS? | A: If it is a Wake Forest study abroad program, the grades and credits are recorded on the Wake Forest transcript, and no additional transcript is needed. A transcript is required for study abroad programs non affiliated with Wake Forest. |
| Q: Do I need to wait to submit my AMCAS application until my committee letter and transcript have been submitted to AMCAS? Or until after I receive my MCAT results? | A: No, students should get their AMCAS application in as soon as possible after the application opens. The committee letter will arrive before AMCAS forwards the applications to the medical school, as it takes AMCAS a minimum of three weeks to process the application. You also do not need to wait for your MCAT results to begin the letter request process for AMCAS. We do not use the MCAT results in the HPC ranking, |
| Q: How does my committee letter packet get submitted to TMDSAS? | A: Please e-mail prehealth@wfu.edu to let us know you are planning to apply to TMDSAS and let us know your TMDSAS ID number. We can either submit your TMDSAS packet via the TMDSAS advisor portal, or you can send us an Interfolio e-mail request for us to upload it to (or it can be mailed). |
| Q: What is the HPC process for reapplying? | A: If you want to be re-ranked, you will need to re-apply for a committee letter (HPC Application), or if you don’t want to be re-ranked, you won’t need to re-apply for a committee letter and you will need to update the Pre-Med Advisor on your recent activities so that your committee letter can be updated. You can also decide if you want new letters of recommendation or to use last year's letters. If your letters are more than one year old, you should request new letters. |

For more information: [http://prehealth.wfu.edu/preparing-to-apply-upcoming-deadlines/prehealth@wfu.edu](http://prehealth.wfu.edu/preparing-to-apply-upcoming-deadlines/prehealth@wfu.edu)