

Letters of Recommendation

Instructions for Students Planning to Apply to Medical/Dental School

Spring 2026 (Matriculation Year 2027)

If you intend to apply to medical or dental school in Spring 2026, please review the instructions and guidelines regarding letters of recommendation below. If you are applying to the Early Assurance Program in 2026, these instructions apply to you as well.

If you do not intend to apply to medical/dental school in 2026, you do not need to follow this process at this time.

Request your letters of recommendation by April 15th:

Please **request** your letters of recommendation from your letter writers by **April 15** to ensure they have sufficient time to complete and submit their letters. Be sure to list the names of all your letter writers on your HPC Application. Please note that Prehealth will no longer collect or submit individual letters of recommendation with committee letters. Instead, you must request individual letters directly through **AMCAS, AACOMAS, and/or AADSAS**. While the deadline to submit letter requests is April 15, we strongly encourage you to begin the letter request process as early as possible.

WFU Health Professions Office Letter of Recommendation Guidelines:

If your letter writer desires guidance when writing their letter, you can direct them to this link: <https://students-residents.aamc.org/media/5306/download>. You may want to remind them that their letter must be on official letterhead, signed, and dated, and they do not need to include their bio or CV in the letter. Letters should be general for all medical or dental schools and should not mention specific school names. We suggest they address their letter either “to whom it may concern” or “to admissions committee.”

Traditionally, at least two letters of evaluation should be from faculty members. One of these faculty members should be from the sciences. Your third evaluator can be another faculty member, a research mentor, or someone you have worked with in a clinical setting. However, please check with your institutions of interest to make sure that school does not have certain requirements regarding letters of recommendation.

If you are applying to Osteopathic school(s), one of your letters should be from a Doctor of Osteopathic Medicine.

TMDSAS

If you plan to apply to TMDSAS, we can include your individual letters with your committee letter as a packet. Complete the ferpa waiver on the prehealth website and share this with prehealth@wfu.edu. You will need to ask your individual letter writers to send a copy of their letters to prehealth@wfu.edu by mid-June so they can be included with your TMDSAS committee letter packet. For AMCAS/AACOMAS/AADSAS, your letter writers will submit their individual letters directly to AMCAS/AACOMAS/AADSAS.

Please see the Preparing to Apply Checklist and Prehealth website for more information. General questions can be e-mailed to prehealth@wfu.edu.